

# FHN Family Health Fair & YMCA's 30<sup>th</sup> Annual Healthy Kids Day



Friday, June 10, 2022 • 5:30 – 8 p.m.

YMCA of Northwest Illinois, 2998 W. Pearl City Road, Freeport

RAIN DATE: JUNE 17, 2022

Join us for an event full of healthy family fun  
with FHN and the YMCA

The Family YMCA of Northwest Illinois and FHN are teaming up to bring you the region's best healthy activities, mental health and wellness tips, and lots of fun to kick off your summer – all in one event!

Meet Larry the llama, Hooligan the alpaca, Annabelle the miniature cow, and their friends from P & C Little Rascals, LLC petting zoo in Chadwick.

Children can also build sandcastles or sift through the sand for buried treasures compliments of FHN Ready Mix. Families and the general public are invited to take home the sand after the event for sandbox fill or landscaping. The sand will need to be picked up between 9 a.m. – 10 a.m. on Saturday, June 11, 2022.

There will be food trucks, magic tricks with Dovie Anderson, a bounce slide, obstacle course, family exercises, bike giveaways, and more! An outdoor movie will follow at dusk on the Highland Community College campus lawn.

All activities are free. For more information, visit [www.fhn.org](http://www.fhn.org) and leap into a healthy summer with the Family YMCA of Northwest Illinois and FHN!