

COMMUNITY PROGRAM:

# Stop the Bleed

## Course Description

This is a nationally recognized program designed to help improve survival rates from manmade or natural mass casualty events. This course teaches non-medical people, the everyday members of the community, the importance of stopping hemorrhage. It also provides the skills necessary to control and if possible, stop bleeding on people with traumatic injuries. Any business, school, church, and community member can benefit from this education. This training can help you save a life.



Stop the Bleed is a 2 hour class. By the end of the training participants will know the ABC's of bleeding and will have completed a skills validation on how to use a tourniquet. Each participant will receive a certificate of completion and a kit which includes a tourniquet and supplemental material to remind you of the key concepts learned during the training. The cost to take this course is \$25 per person.

To learn more information about how to register please visit [www.fhn.org/stop-the-bleed.asp](http://www.fhn.org/stop-the-bleed.asp).