

Giving is Personal

WHAT MOVES YOU? 



FHN Foundation • Annual Report 2017



Giving is personal



Tonya Meyer,
FHN Foundation
Executive Director

It might be a memory from childhood. It might be a promise kept. It could be kindness from your next-door neighbor, a tribute to a lost co-worker, or sincere appreciation for your own blessings. All these, and many more, serve as catalysts for caring people to make gifts to the FHN Foundation.

This year's annual report shares examples of generous giving—a philanthropic thumbprint created by diverse life experiences. For whatever the reason, large or small, these feelings or events caused caring people to take action through benevolence, providing proof of our community's spirit of kindness. Our donors' generous gifts help honor their desire to 'do good', whatever their inspiration. They selflessly provide services, support, and equipment to enhance our healthcare infrastructure and enable a vibrant, vigorous region. Please read their stories and then consider ...

WHAT MOVES YOU?

WHAT MOVED HIM? Gratitude for a good outcome

Pearl City farmer sets up donations through local elevator



Gerald Woker



When 71-year-old Gerald Woker saw an FHN ad for a \$99 cardiac stress test, he was feeling fine. But for some reason, he felt compelled to get the test anyway. The Pearl City area farmer was glad he did – the test found two major blockages. He was promptly scheduled for bypass surgery, followed by cardiac rehab shortly thereafter. Luckily, he is now feeling well and enjoying all his activities.

Gerald was thankful for the help and concern he received from the FHN cardiac rehab team who worked so closely with him during his recovery ... so much so, in fact, that he wanted to find a way to express his gratitude. So he worked with the Pearl City Elevator to establish a program challenging area farmers to donate 100 bushels of corn, or that value, to the FHN Foundation. Donations would be earmarked for equipment upgrades in the cardiac rehab area.

According to Gerald, "I want the cardiac rehab staff to know they are doing important work, and to remind other area farmers to be aware of what could happen to them—sometimes we have a tendency to be a little hard-headed and reluctant to visit the doctor. Plus, I want to encourage them to be generous with their contributions."

Gerald's support is appreciated by the Foundation and the cardiac rehab team, and the program with the Pearl City Elevator is ongoing. "I hope area farmers will consider making a gift," stresses Gerald. "We all need to care about each other, and this is one way to do so."

WHAT MOVED THEM? Helping others through education

Scholarships develop future providers



Sarah Marsh always wanted to be a nurse. By age six, she had it narrowed down even further—she set her sights on becoming a nurse practitioner. Today, Sarah is thrilled to have fulfilled her childhood dreams, with scholarship help from the FHN Foundation.

Upon graduating from Dakota High School, Sarah moved to Freeport, started working at FHN as a CNA, and enrolled at Highland Community College. She soon realized she had a long road ahead of her, trying to work full time and go to school. So Sarah applied for the Mildred F. Ferguson Associate Degree in Nursing Scholarship. Endowed through the FHN Foundation, it would allow Sarah to work part time at FHN and be a full-time student Monday through Thursday. It also allowed her to still receive a paycheck equivalent to full-time work, in addition to paying for tuition, fees, and books.

It took just two years for Sarah to earn her nursing degree. She then went on to receive her Bachelor of Science Degree in Nursing in 2014, with the help of another FHN scholarship program. She immediately enrolled in graduate school, earning her Master of Science degree in Nursing—Family Practitioner in May of 2017. FHN's scholarship programs again provided financial assistance.

"I owe so much to FHN and those who support the scholarship programs," emphasizes Sarah. "They invested in me. There was never any question as to where I would work after completing my education. I am incredibly appreciative of FHN's faith in my dreams and my skills."

Sarah is now a Nurse Practitioner Hospitalist at FHN Memorial Hospital. She shares, "My husband is a member of the Freeport Fire Department, and we have made Freeport our home. We are expecting our first child, and are both dedicated to taking care of our expanding family, our friends, and this community."

"Without FHN's scholarships, I know I would not be where I am today," says Sarah Marsh, a Nurse Practitioner Hospitalist at FHN Memorial Hospital.

WHAT MOVED THEM?

Celebrating a milestone and helping our community

UNION Savings BANK donates 50K to Cancer Center

The largest single donation in bank history was pledged to the FHN Foundation when UNION Savings BANK celebrated its 130th anniversary in 2013. A \$10,000 check has been presented to the Foundation each year for the past five years, resulting in a total gift of \$50,000, made possible by support from the bank's employees and customers.

According to CEO and President Rick Wolfe, "Our mission is to be a strong financial services partner that improves lives one customer, one employee, and one community at a time. Great work is being performed at the Cancer Center, which our board believes aligns very strongly with our mission to improve lives. As a local bank, we are also a strong proponent of broader local services, like the Cancer Center, that benefit people close to home. Since we all know someone impacted by cancer, our employees were especially gratified to present this gift."

On behalf of the patients who visited the FHN Leonard C. Ferguson Cancer Center at FHN Memorial Hospital 9,495 times in 2017, sincere thanks to UNION Savings BANK.



Left to right: Rick Wolfe, Tonya Meyer, Jackie Wehrenberg, Cheryl Lessman, and Steve Kroeger



WHAT MOVED THEM?

Keeping the beat

AED donations make our community a safer place



You may not think about the presence or absence of an AED when you visit a public place, but whether you know one is there or not, having an automated external defibrillator (AED) around at the right time can be a very special gift. It can save your life.

The American Heart Association defines an AED as a lightweight, portable device that delivers an electric shock through the chest to the heart. The shock can potentially stop an irregular heartbeat (arrhythmia) and allow a normal rhythm to resume following sudden cardiac arrest (SCA). The heart must be “defibrillated” quickly, because a victim’s chance of surviving drops by seven to 10 percent for every minute a normal heartbeat isn’t restored.

The FHN Foundation donated two AEDs within our community in 2017, at Freeport Catholic Schools and the Family YMCA of Northwest Illinois. The defibrillator donations were very well received and will provide an added level of security to places where large crowds assemble.

Jeremy Keesee, principal of Freeport Catholic Elementary Schools, appreciated the donation. He shares, “Our AED was no longer functional, so I reached out to the Foundation to see if they might be able to meet our needs. They were great. We are thankful to have the added security of a brand-new AED in our building.”

Rich Haight, CEO at the Family YMCA of Northwest Illinois, agrees. “We were thrilled to receive an AED for the YMCA’s pool,” he says, “and thank the Foundation for this life-saving device. It will make our facility a safer place.”

Only organizations that have participated in CPR training qualify for AED donations. The Foundation is planning for two more such gifts in 2018.

WHAT MOVED HIM? Dedication to patient care

Generous donation procures 93 new TVs for hospital rooms



“Do your little bit of good where you are; it’s those little bits of good put together that overwhelm the world.”

—Desmond Tutu



Dr. Ovidio “Joe” Giovanelli



Dr. Ovidio “Joe” Giovanelli (above) practiced general medicine in our area from 1947 to 1972. When he passed away, he made sure that he would be helping take care of patients at FHN long after he was gone.

A portion of his generous bequest was recently used to purchase 93 new 42” HDTVs for rooms at FHN Memorial Hospital, replacing the 19” screens that had been used for years. These larger, easy-to-read monitors will better accommodate an aging population and provide hours of entertainment and a very welcome distraction for patients and their visitors.



Clockwise from top left: Healthy fare featured at the “Food Fight”; Tree of Memories honors lost loved ones; Tailgate with the PiG celebration; Partners in Giving deliver oxygen concentrators; Orangeville High School’s volleyball team presents a check; Festival of Trees Gala participants ready for the “casino.”

WHAT MOVES YOU?

Fun, food, fellowship, and more

A variety of events and activities generate funds

Each year, a cornucopia of activities gives community members a chance to contribute to the FHN Foundation and have fun or participate in something meaningful. In 2017, the list was long and generated significant donations for several important causes. Some examples include:

Food Fight for Cancer—Nine local caterers, restaurants, and bakeries sponsored a ‘food fight’ to provide an evening of taste-tempting treats, music, and fun at the Wagner House in Freeport. All proceeds benefited the FHN Leonard C. Ferguson Cancer Center at FHN Memorial Hospital.

Tree of Memories—Each December, a gathering is held for people who have experienced the death of someone close to them. Specially designed ornaments can be purchased, and family members can hang them on a holiday tree during the Tree of Memories ceremony. The tree remains on display in the FHN Memorial Hospital lobby during the month of December. Proceeds benefit FHN Hospice.

Partners in Giving (PiG)—Each year, FHN’s staff generously contribute to this internal fundraising campaign by participating in a variety of fun activities. The 2017 theme,

“Tailgate with the PiG,” generated over \$95,000. Funds were used to purchase items that have direct impact on patient care.

Volley for the Cure—For many years, volleyball teams from area schools have designated a special night to focus on giving back to the community. Through related fundraisers and activities, they generously donated to the FHN Leonard C. Ferguson Cancer Center at FHN Memorial Hospital again in 2017.

Festival of Trees Gala—A holiday tradition, the Gala gives party-goers delicious food, drinks, and music, paired with a holiday silent auction and Vegas-quality casino games. The 2017 event raised funds to support FHN’s community outreach projects and the ALL IN marketing effort from Collaborate Freeport.

Through involvement in these and other activities, community members make a tremendous impact on our region’s well-being. The Foundation sincerely thanks everyone who helps sustain our efforts by supporting these events.

WHAT MOVED HIM?

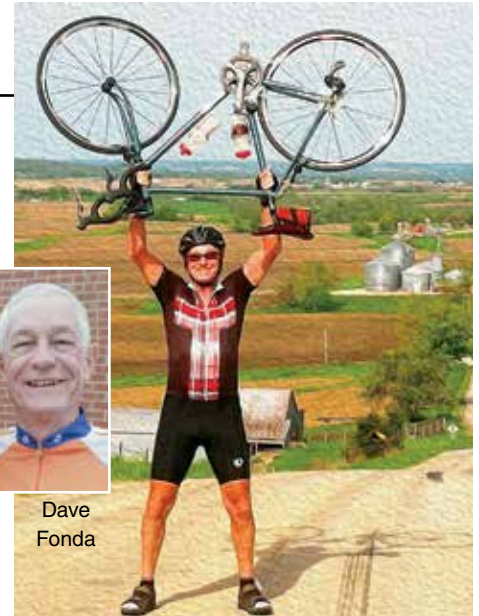
A passion for cycling and people

'Gran Fonda' Bike Tour honors Dave Fonda



The *Bike Tour Against Cancer* will hold new meaning for 2018's participants, since tour originator Dave Fonda succumbed to cancer this February after a long and courageous battle. In 2017, biking aficionados pedaled the hills of Jo Daviess County to pledge their support to the FHN Leonard C. Ferguson Cancer Center at FHN Memorial Hospital through the FHN Foundation. Though not able to participate for the first time, Dave cheered on other cyclists with his trademark enthusiasm.

This year's event, scheduled for June 30, will be called the "Gran Fonda," paying homage to Dave and the biking term "Gran Fondo," which originated in Italy. Casual and experienced cyclists are invited to get involved, and can choose from several routes ranging from a 'family fun ride' to a more challenging course. According to FHN Foundation Executive Director Tonya Meyer, "We have received an outpouring of memorial gifts in honor of Dave, and hope that this event will inspire cycling lovers and more 'friends of Fonda' to enjoy a ride in his memory." For more information, go to www.fhn.org/TourAgainstCancer.



Dave Fonda

ARE YOU MOVED?

Consider a gift!

We know giving is a very personal thing. Different things inspire different people. Whatever moves **you** to give, we hope you will consider a donation to the FHN Foundation in 2018.

Our community's ongoing commitment to 'do good,' is indeed gratifying. It helps foster an innovative and forward-looking health-care environment in our corner of northwest Illinois and southwest Wisconsin. And it makes a tremendous impact on the well-being of your friends, your family, and your neighbors.

Thank you so much for your generous gifts and spirit!

More Donations at Work

Countertop fluid warmer • Portable phlebotomy station • Washable cubicle curtains for ER • Blood draw chairs • Blood pressure monitors • Oxygen concentrator • Vein locator • Exam tables • Vital signs monitors • Doppler • High-back waiting room chairs • Pulse oximeter • Infant warmer • Fiber optic light sources • Portable imaging ultrasound • Countertop centrifuge • Scales • Food delivery trays • Conferences for nurses • Updated workstation monitors • Ride vouchers for patients • Auto doors for restrooms • Pastoral publications for families • Holter monitors • Training materials for simulation lab • Waiting room furniture replacement • Glucose monitors for community screens • Radiation machine operating system • Pet therapy expenses • Glidescope • Cardiac rehab monitor and charting system • And many more important items



Don't forget ...
you can donate online!

<https://tinyurl.com/fhngivenow>



We're here, for you.

FHN



Thank you in advance for your kindness in giving to our area's only locally governed healthcare

system. You can rest assured that every dollar is spent directly in supporting FHN's non-profit mission in delivering healthcare excellence to all of the families we serve throughout our community.

Mark Gridley, President and CEO

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FHN Foundation Executive Director

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Gloria Heitz, Foundation Volunteer
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