



FHN HEART MONTH SPECIAL

Check Your Heart Health for \$99

Are you at risk for a heart attack? Most heart attacks could be prevented with early diagnosis of risk factors for coronary artery disease (CAD). FHN is offering special pricing on two heart health tests for American Heart Month in February.

Call by Friday, March 10 to schedule a **Standard Walking Treadmill Stress Test** or **Calcium Scoring CT Heart Scan** and **pay just \$99** for the test.

“The treadmill stress test is a screening test for determining a patient’s heart health when they have no known history of heart trouble,” says FHN cardiologist Bhadresh Patel MD, FACC, FACP. Dr. Patel is co-director of FHN’s Cardiac Services Department. “You’ll walk on a treadmill while a specially trained nurse monitors how your heart is working with an electrocardiogram. This test helps determine your exercise capacity and the circulation to the heart, which is helpful in determining the cause of unexplained fatigue, shortness of breath, irregular heartbeats during exercise or existing or borderline high blood pressure.”

“Another simple screening test that FHN offers is a CT scan to detect plaque in the arteries,” Dr. Patel says. “The test is non-invasive and is used to predict the probability of future heart problems. Like the treadmill test, it doesn’t take long to complete.”

Tests must be scheduled by March 10 and performed by Friday, June 30 to qualify for the special rate. These tests should not replace consultations with your healthcare provider.

If you do not have a primary healthcare provider, FHN will work with you to determine how to handle your test results when they are communicated to you.

Payment for the tests is due (cash, checks and credit cards accepted) at the time of service.



FHN’s cardiologists have years of experience and are proud to offer our patients award-winning heart care. Left to right are Dr. Patel, Dr. Kilaru, and Dr. Malladi.