



## EXPANDED HOURS!

All women receiving or scheduling mammograms from Mother's Day (May 14) through June 30 will receive a reusable pink hot/cold pack from FHN!

## Now you can take advantage of Walk-In Wednesday on Thursdays too!

Knowing how busy life can be, FHN was the first in the area to offer no-appointment walk-in mammograms years ago on Walk-In Wednesdays. Now it's become so popular that we've expanded the program to Thursdays too!

### **Walk in any Wednesday from 7 a.m. to 3 p.m. or any Thursday from noon to 6:00 p.m.\***

for a screening mammogram without an appointment. Just register at admitting at FHN Memorial Hospital and then head to patient waiting area (right past reception, on the main level) to get your all-digital mammogram almost quicker than it takes to check this important screening off your to-do list. FHN is even doing away with one of the little impositions that are a part of a yearly mammogram: we still ask that you don't wear deodorant or anti-perspirant when you're getting your mammogram, but we'll have personal-sized one-use deodorant packets for you to use at the conclusion of the screening.

You don't have to be an FHN patient to take advantage of *Walk-In Wednesdays – and Thursdays*, and if you prefer, you can still always schedule a specific time for an appointment any day by calling FHN at 1-877-6000 (1-877-600-0346) ext. 911.

For more information about *Walk-In Wednesdays – and Thursdays* for mammograms, call 1-877-6000 (1-877-600-0346) ext. 911 or visit us at [www.fhn.org](http://www.fhn.org). There's no excuse to put this off another day!



\* Thursday hours begin Thursday, May 11