DO:

- Make sure you can breathe through it
- Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

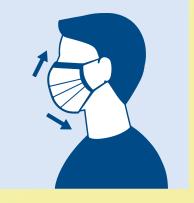
DON'T:

- X Use on children under age 2
- Use surgical masks or other personal protective equipment (PPE) intended for health care workers

How to Wear a Cloth Face Covering

Cloth face coverings should:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape





Questions about COVID-19? Call 1-800-889-3931 or email dph.sick@illinois.gov Illinois Department of Public Health - www.dph.illinois.gov

Printed by Authority of the State of Illinois • 4/15/20 IOCI 20-673